

AQUA **AEROBICS**

Eisenhower Pool

\$37/resident

\$42/non-resident

Day Pass: \$5

Classes are designed to improve cardiovascular conditioning, stretching and muscle toning.

Ages 18+

Classes run Mondays, Wednesdays, and Fridays from 9:15-10:15am.

Class Availability:

January 5-31

February 2-28

March 2-30

April 2-30



Springfield Park District

To register or for more information please call 217-525-8847.