

MULTI-USE TRAILS IN SANGAMON COUNTY, ILLINOIS



LOST BRIDGE TRAIL

Distance: 5.6 Miles (IDOT trail head to Rochester Rd. in Rochester)

This trail begins on the east side of Springfield at a trail head location in the Illinois Department of Transportation's parking lot (follow the signs). It winds around the IDOT lake and under Interstate 55, and continues east on the abandoned railroad bed to the community of Rochester. Future phases of the trail could extend Lost Bridge Trail southeast to the communities of Taylorville and Pana.

Trail Head: IDOT on Dirksen Parkway (parking lot)



WABASH TRAIL

Distance: 2.1 Miles (Wabash Trail head to Robbins Rd.)

This trail is located on Springfield's southwest side. There are two bridges that go over Chatham Rd. and Veterans Pkwy. The trail also passes alongside Vrendenburgh Park and Westchester park as well as residential, commercial and some industrial land. Users can also access the Interurban Trail at the Wabash trailhead. On the West side, the trail terminates at Robbins Rd. where there is a public drinking fountain and a trail head in the BJ Grand Salon parking lot.

Trail Head: Wabash Ave. & Park Ave. (parking lot) BJ Grand Salon on Robbins Rd. (parking lot)

BUNN TO LOST BRIDGE TRAIL

Distance: 1.5 Miles

The Bunn to Lost Bridge Trail is an extension of the Lost Bridge Trail from Rochester. Future plans are to extend the trail to Stanford Avenue. There are street crossings on Dirksen Pkwy. and Taylor Ave.

Trail Head: A. IDOT Building on Dirksen Pkwy. (parking lot) B. Abundant Faith Christian Center (parking lot)



INTERURBAN TRAIL

Distance: 8.4 Miles (from trail head on Wabash to Walnut St. in Chatham)

This trail connects to the Wabash Trail at the Wabash trail head located at the intersection of Wabash Ave. and Park Ave. It heads south under Interstate 72 near the MacArthur extension. It crosses the lake on refurbished railroad bridge and continues to Chatham, ending at Walnut St. The trail is very scenic even with its close proximity to the active railroad line. Most of the trail passes through areas that are open farmland or scattered housing.

Trail Head: Wabash Ave. & Park St. (parking lot) Hazel Dell & West Grand Woodside Rd. & Pedigo Ln. (parking lot by Pedigo sign)



SANGAMON VALLEY TRAIL

Distance: 11.7 Miles

The Sangamon Valley Trail is a mostly shaded route that takes travelers from Stuart Park on the northwest side of town to Centennial Park on the southwest side. The trail includes scenic bridges over highway 97, Washington St., and Old Jacksonville Rd. Additionally, there is a bridge over the valley between Highway 97 and Washington St. The new trail expansion includes extending the trail north six miles to Athens and was complete in November of 2017.

Trail Head: Stuart Park (parking lot) Centennial Park (parking lot)

A GUIDE TO TRAIL ETIQUETTE

- Stay to the right, unless passing slower trail users
- Signal your presence when passing slower trail users (ex. "on your left").
- Do not block the path; move off the trail if stopping
- Be careful at areas of reduced visibility, like corners and intersections
- Travel at a reasonable rate at all times and slow down when passing other users
- Higher speed users should yield to slower trail users
- All dogs should be controlled by a leash
- Remove pet waste left on the path or surrounding areas
- Do not leave trash on or along the trail
- Do not disturb wildlife or plants
- Bicyclists should wear helmets and use lights in the dark
- Yield to others when entering, crossing or turning onto trails
- Be careful at road and trail crossings - stop and look both ways
- Trail users must yield to through traffic at intersections
- No vehicles that utilize motorized power (gas or electric) allowed, except for those that assist persons with disabilities
- In the event of an emergency, call 911

GENERAL RULES

- Announce when passing others
- Keep right, except to pass
- Do not block the trail
- Travel at a safe speed
- Slower users have the right of way
- Control all dogs
- Scoop the poop
- Do not litter on the trail
- Wear helmets while biking
- Use lights at dark
- Yield to through traffic
- Stop and look both ways at crossings

