



GENERAL OFFICE
Bunn Park
2500 South Eleventh Street
Springfield, IL 62703
www.springfieldparks.org
phone: (217) 544-1751
fax: (217) 544-1811

FOR IMMEDIATE RELEASE

Date: December 4, 2013

Contact: Bob Barrett

(217) 525-8847

**SPRINGFIELD PARK DISTRICT ANNOUNCES WINTER WODS 2013
– DECEMBER 8**

Crossfit Eject will be hosting Winter Wods 2013 this weekend (Dec. 8) at Eisenhower Pool (2351 E. Cornell St.). Teams will be made up of one male and one female. There will be a division for Rx, scaled, and masters 40+. Competition begins Sunday at 7:30 am. Spectator admission is \$5.00 (100% of this fee goes to Toy for Tots).

For additional information, please contact Aaron Carter by calling 836-6898. For information on other park district programs and events visit our website at www.springfieldparks.org.

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