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FOR IMMEDIATE RELEASE

Date: March 12, 2013

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**SPRINGFIELD PARK DISTRICT ANNOUNCES NELSON CENTER
SPRING POWER HOCKEY CLASS**

The Springfield Park District spring power hockey classes begins, March 19th, 6:45p – 7:45p. This class focuses on the mechanics of skating, power skating, conditioning, balance, puck control and shooting. There is also a review and statistical analysis of the player development over the 6 week period. Players will receive quick and easy assignments to promote thought and recognize options in game situations.

For additional information, please contact Jeremy Bonnett at 753-2800 or by email at jeremyb@springfieldparks.org . For information on other park district programs and events visit our website at www.springfieldparks.org.

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