

# FREE STYLE SCHEDULE: August 2022

30-minute Sessions (Dates & Times are Subject to Change)



- Free Style:** This is for Basic 3, Mite Hockey and above skaters/players or individuals taking private lessons. (Skaters below basic 3 or hockey players below Mite level are NOT allowed to be on the ice, unless they are in a lesson.)
- High F.S.:** This is for Preliminary and above skaters.
- Hockey F.S.:** This is ONLY for Hockey players receiving private or group lessons. Coaches must schedule lessons with the Facility Program Supervisor. No more than 8 players per coach and a total of 4 coaches. Sticks & Pucks are allowed, and coaches MUST work together in order to make sure each session is safe.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 3:00pm -5:30pm	2 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 3:30pm -5:30pm	3 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 2:45pm -5:45pm	4 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 3:00pm -5:30pm	5 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 2:45pm -5:45pm	6 8:30am -10:30am
7 <b>NO FREE STYLE</b>	8 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 3:00pm -5:30pm	9 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 3:30pm -5:30pm	10 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 2:45pm -5:45pm	11 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm	12 6:15am -7:45am 8:00am -9:30am 10:15am -12:15pm 2:15pm -3:45pm 4:00pm -6:30pm	13 8:30am -10:30am
14 <b>NO FREE STYLE</b>	15 6:15am -7:45am 8:00am -9:30am 3:00pm -5:30pm 5:45pm -6:45pm	16 6:15am -7:45am 8:00am -9:30am 3:00pm -5:30pm	17 6:15am -7:45am 8:00am -9:30am 2:15pm -3:45pm 4:00pm -6:30pm	18 6:15am -7:45am 8:00am -9:30am 3:00pm -5:30pm	19 6:15am -7:45am 8:00am -9:30am 2:15pm -3:45pm 4:00pm -6:30pm	20 8:30am -10:30am
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28 <b>NO FREE STYLE</b>	29 6:15am -7:45am 8:00am -9:00am 3:00pm -5:30pm 5:45pm -6:45pm	30 6:15am -7:45am 3:00pm -5:30pm	31 6:15am -7:45am 8:00am -9:00am 2:15pm -3:45pm 4:00pm -6:30pm			

