



Springfield Park District

www.springfieldparks.org

FOR IMMEDIATE RELEASE

Date: May 18, 2017

Contact: Lynn Saputo

Phone: (217) 544-1751 ext. 1002

CITY RECESS – SCHOOL’S OUT! UNPLUG THOSE DEVICES AND PLAY OUTSIDE WITH THE SPRINGFIELD PARK DISTRICT!

[Springfield, IL] – The Springfield Park District is excited to announce that we will be hosting a FREE event at Lincoln Park this Saturday, May 20th from 11am – 3pm called City Recess – School’s Out. We are encouraging families to unplug their devices and get outside and play!

It is our hope that this event will empower and motivate kids to get active and stay active all summer long with the District! Physically active children tend to become physically active adults and by participating in these programs we can shape healthy lifestyles.

School is about out for summer and we want to teach children how to get back to basics and just “play outside.” Children will be in their backyards this summer, their neighborhoods playing with friends and visiting their local parks. We have organized a fun-filled day of classic activities to encourage children to enjoy recreation. Children will be able to meet their local Park District and Springfield Police Officers.

The Park District Recreation areas will be on hand to man activities such as tug-o-war with our Summer Camp, basketball, lacrosse, fun with Preschool & Funshop, crafts with the Botanical Garden, summer fun and picnic info with Southwind Park, FREE Ice Skating at the Nelson Center from 11:30a – 1:30p and pass out our Summer Program Guide. Come learn about the Park District’s NEWEST Summer program – FootGolf at Bergen Golf Course! The Springfield Junior Blues, Springfield DekHockey and Springfield Disc Golf Club will be talking with and showing folks how to play their sports.

TONS of great fun for families to take part in!

Bring some extra dollars – we will have concessions with the Jr. Blues and HyVee as well as a Henson Robinson Zoo t-shirt “sharpie tie dye station.”

Please plan to join us this Saturday, May 20th for our second annual City Recess – School’s Out event. If there should be rainy weather – the majority of our activities will move inside Rink 2 at the Nelson Center. So come on out, rain or shine!

###

For more information on this topic and any other Park District news related items, please visit our Website at www.springfieldparks.org

GENERAL OFFICE

Bunn Park
2500 South Eleventh Street
Springfield, IL 62703
www.springfieldparks.org
phone: (217) 544-1751
fax: (217) 544-1811

ADMINISTRATION

Derek Harms, CPRP
Executive Director

Elliott McKinley
Director of Parks &
Planning

Lynn Saputo
Director of Recreation

Stephen Flesch
Director of Finance &
Administration

TRUSTEES

Leslie A. Sgro
President

Grant Hammer
Tina Jannazzo
Robin Schmidt
Don Evans
C.J. Metcalf
Sierra Senor-Moore