



Find your **FUN**, find your *smile* at springfieldparks.org

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FOR IMMEDIATE RELEASE

Date: November 13, 2019

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SPRINGFIELD PARK DISTRICT ANNOUNCES NEW CLASS, LEARN TO CYCLOCROSS AT LINCOLN PARK

Lincoln Park
1601 N 5th St, Springfield, IL 62702
39°49'32.5"N 89°39'11.0"W
(GPS Park)

[Springfield, IL] – The Springfield Park District is pleased to partner with Wheel Fast Bicycle Co., Jimmy Johns, and the Springfield Bicycle Club to present our newest “try it” class, Learn to Cyclocross.

Learn to Cyclocross is an introductory class where participants will learn the fundamentals of the sport and get to try out a mini demo course. Whether you are a bike enthusiast, beginner or a competitive rider, Learn to Cyclocross is for you!

“Learn to Cyclocross is the perfect mix of exercise, competition, and overall FUN! It is perfect for ages nine and up with all levels of fitness abilities. If you are looking for something new to add into your fitness routine, a new way to connect with friends, or just something new to participate within Springfield, I would highly recommend coming out and trying this new class! – states, Amanda Weaver, Assistant Director of Recreation

Join us on Saturday, November 16, 2019 from 10:00 a.m. – 12:00 p.m. in Lincoln Park. Learn to Cyclocross is for ages nine and up and registration is \$10 per person. Jimmy Johns will be providing food for each registered participant.

Preregistration is required and participants must bring their own bike and helmet. A specialized Cyclocross bike is not needed and any kind of bike may be used during this try it out class.

The deadline to register is Thursday, November 14, 2019. For more information or to register, please call the Nelson Center at 217-753-2800 or visit www.springfieldparksFUN.org and search for activity number 361202.

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For more information on this topic and any other Park District news related items, please visit our Website at www.springfieldparks.org